



UWSA

THE UNIVERSITY OF WINNIPEG
STUDENTS' ASSOCIATION

The University of Winnipeg Students' Association

Local 8- Canadian Federation of Students

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Health Plan Update:

Starting September 2015, the UWSA Health Plan will include two major benefit increases.

First, HPV (Gardasil and Cervarix) vaccinations will be fully covered by the UWSA Health Plan. HPV is the most commonly transferred sexual infection, as seventy-five per cent of Canadians will be infected at some point in their lifetime. HPV is a highly transmittable virus, with over 100 different types of HPV that can lead to various different cancers.

HPV vaccinations typically cost between \$360 and \$510. Any student opted-in to the Health Plan wanting this vaccine will have access to 100% financial coverage.

For more information about HPV, you can check out Manitoba Health's website at <http://www.gov.mb.ca/health/publichealth/diseases/hpv.html>

Second, professional counsellors will be covered at 100% up to \$800. Previously, the plan only covered clinical psychologists up to \$300. Coverage will now not be limited to clinical psychologists, but will include all types of professional counsellors.

This increase was part of a recommendation by the Manitoba Psychological Society. The UWSA hopes to instigate positive change in this important area of student health and wellness to ensure that all students are able to get the support they need.

The UWSA Health Plan is one of the ways we strive to help you maintain a healthy mind, body and spirit while you are a member. We try to structure the plan in the way that makes the most sense, and we need your feedback in order to continue to improve.

Please get in touch with your Vice President of Students Services at vpss@theuwsa.ca or visit our office in the Bulman Students' Centre if you have input or questions.